# The best defense against breast cancer is early dectection:

- Have an annual breast exam by your physician
- Practice monthly breast self-exams
- Have a baseline mammogram at age 40, and routine screenings thereafter
- Recognize the importance of additional types of breast exams such as ultrasound and MRI
- Be aware of your personal risk for breast cancer

Bone Density Studies (DEXA Scans)



### Women should accept no less than a caring, comfortable and compassionate team of specialists dedicated to breast imaging.

Trust South Nassau's Center for Women's Imaging to deliver your results with professional accuracy in a manner that respects your personal concerns.



440 Merrick Road, Oceanside, NY 11572 Our only location

**Caring and Comprehensive** 

# Center for Women's Imaging

Same-Day Results in a Comfortable, Relaxed Environment, now with state-of-the-art 3D Imaging



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The American College of Radiology's
Commission on Quality and Safety and the
Commission on Breast Imaging has designated
South Nassau Communities Hospital as a
Breast Imaging Center of Excellence.





## **Our Physicians**

Our team of breast imaging specialists has a combined experience of more than 50 years, giving you results with confidence, and the thoughtfulness, sensitivity and empathy that only women diagnosticians can offer you.



**Dr. Mindy Scheer**Diagnostic Breast Radiology

Dr. Scheer is a board-certified diagnostic radiologist specializing in breast imaging. She earned a medical degree from the New York College of Osteopathic Medicine in Old Westbury and completed her residency at Winthrop-University Hospital in Mineola. Dr. Scheer completed her breast imaging fellowship at the prestigious Carol Baldwin Breast Center at Stony Brook University Hospital, where she is also a Clinical Assistant Professor of Radiology.



**Dr. Diane M. Garrigan**Diagnostic Breast Radiology

Dr. Garrigan is a board-certified diagnostic radiologist specializing in breast imaging and retains a license in both PA and NY. She earned a medical degree from the Philadelphia College of Osteopathic Medicine and completed her residency in Diagnostic Radiology at Lehigh Valley Hospital in Allentown and a Breast Imaging/Intervention residency at Beth Israel Medical Center, Philips Ambulatory Care in New York. Dr. Garrigan also graduated cum laude with a BA in biochemistry from Mount Holyoke College in MA.



**Dr. Nadia Rao**Diagnostic Breast Radiology

Dr. Rao is a board-certified diagnostic radiologist specializing in breast imaging. She earned a medical degree from the New York College of Osteopathic Medicine in Old Westbury and completed her residency at Saint Barnabas Hospital in the Bronx. Dr. Rao completed her breast imaging fellowship at North Shore University Hospital in Manhasset and has also completed a post-graduate interdisciplinary medical science program at MCP Hahnemann University in Philadelphia.



Dr. Geraldine N. Abbey-Mensah Interventional and Diagnostic Radiology and Breast Imaging

Dr. Abbey-Mensah is board-certified in diagnostic radiology, and specializes in interventional radiology as well as breast imaging. She earned a medical degree from the Alpert Medical School of Brown University, Providence, R.I., and completed a diagnostic radiology residency at the State University of New York Downstate Medical Center, where she was also Chief Resident. She then completed a fellowship in interventional radiology at New York-Presbyterian Weill Cornell Medical Center/Memorial Sloan Kettering Cancer Center.

#### Our available services offered by our compassionate team of specialists include:

- Screening and Diagnostic Digital Mammography with Computer-Aided Detection (CAD)
- High Definition Breast Ultrasound
- State-of-the-Art MRI of the Breast
- Bone Density Studies (DEXA Scans)
- Minimally Invasive Image-Guided Breast Biopsies
- Pre-Operative Sonographic, Mammographic and MRI Guided Wire Localization of Breast Lesions
- Breast Cancer Risk Assessment -Genetic Testing
- 3D Tomosynthesis Mammography, offering sharper, clearer imaging for the greatest accuracy of diagnosis

The 3-D mammogram, right, shows a small cancer that is not clearly visible on the 2-D mammogram.

