What you need to know about COVID-19

Take steps to protect yourself
Stay home, wash your hands for at least 20 seconds, or use sanitizer, and cough into a tissue or your elbow.

Most people who contract COVID-19 will not require hospitalization; symptoms are often mild enough that one can recover at home.

You only need to seek medical care if you develop life-threatening conditions, like severe shortness of breath, changes in mental status, or severe dehydration.