

We're Here to Help

Mount Sinai South Nassau Family Medicine is a unique medical facility providing comprehensive, quality care to a diverse population of all ages on the south shore of Long Island.

As an ACGME-accredited teaching program of the Icahn School of Medicine at Mount Sinai, Family Medicine is staffed by board certified family physicians and resident physicians as well as nurses, coordinators and other staff members working together as a team to provide services to all men and women from conception and birth through the senior years.



Directions:

From New York City: Take the Queens-Midtown Tunnel at 34th Street to the Long Island Expressway (495), to the Cross Island Parkway southbound to the Southern State Parkway eastbound; take the Southern State to Exit 17 South, (Hempstead Avenue), get to the left and continue south on Ocean Avenue down to Merrick Road; make a left on Merrick Road; continue past the main entrance (Healthy Way) of the hospital which is on the right side, Family Medicine is on the right hand side immediately following the hospital.

From All Points East: Take the Southern State Parkway westbound to Exit 20S (Grand Avenue, Baldwin). Take Grand Avenue south to Merrick Road. Make a right on Merrick Road, go approximately one mile. Family Medicine is on the left hand side, past Washington Avenue and before the hospital.



**Mount
Sinai
South
Nassau**

Mount Sinai South Nassau
Family Medicine
196 Merrick Road
Oceanside, New York 11572
516-255-8400
www.mountsinai/southnassau.org

All photos, with exception of cover photo, were taken prior to the COVID pandemic. Our practitioners and patients are required to wear appropriate PPE at all times.

Except where noted, models are used in photos and their appearance here is not reflective of a specific disease profile.

06/21

Mount Sinai South Nassau Family Medicine

Meeting Your Family's Needs



**Mount
Sinai
South
Nassau**



Location

Mount Sinai South Nassau Family Medicine is a state-of-the-art facility. The offices are designed with the patient's comfort in mind while providing the highest level of health care. The staff, many of whom are bilingual, is both friendly and welcoming.

Insurances Accepted

Mount Sinai South Nassau Family Medicine is an approved provider for most commercial insurance plans and Medicare, Medicaid, and some HMO's. For a full listing of the insurances we accept, visit our website at southnassau.org/insurance. For individuals without insurance, our hospital assistance representatives can assist you in applying for free care or care at reduced rates through Mount Sinai South Nassau's Charity Care program.

Accessibility

Our office hours are Monday through Friday: 9 am – 5 pm; Tuesday and Thursday 9 am-8 pm, and Saturday from 8 am-12 pm. In addition, we have expanded 24 hour accessibility: if you are an established patient and need to contact us after hours, call (516) 255-8400 and ask to speak with a Family Medicine provider. For emergencies, please go to the nearest emergency room.



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Mount Sinai South Nassau Family Medicine is a recognized NCQA (National Committee for Quality Assurance) Patient-Centered Medical Home (PCMH).

Your Health Care Team

Your primary care provider (PCP) leads our NCQA-certified medical home, which includes you and your family, or support system, all of whom are part of your care. The medical home provides accessibility and continuity with the same assistance with self-care management. Having an entire team providing health care results in better outcomes for you.

Mount Sinai South Nassau Family Medicine Services Include:

- Adult Medicine
- Pediatrics, including newborn care
- Obstetrics and Gynecology
- Sports Medicine
- Eldercare services, which is age specific treatment to meet the unique health care needs of the aged
- Minor office surgery and gynecologic procedures
- Urgent care

Preventive Care Services Include:

- Yearly physicals
- Pediatric exams
- Immunizations
- School physicals
- Employee physicals

Specialists

In addition to the expert Family Medicine physicians on our staff, Mount Sinai South Nassau Family Medicine also has on-site services for eligible patients in:

- Dermatology
- Podiatry
- Gastroenterology
- Urology
- Obstetrics
- Gynecology
- Sports Medicine
- Nutrition
- Social Work
- Osteopathic Manipulative Treatment
- Geriatrics
- Endocrinology

Prenatal

By providing comprehensive, quality care, Mount Sinai South Nassau Family Medicine Prenatal program is committed to helping pregnant women deliver healthy babies. For women without insurance coverage or limited coverage, we assist and submit the application for financial assistance while caring for you and your unborn children. You can be assured that Mount Sinai South Nassau has the resources to provide you with the best care possible.

FOR MORE INFORMATION on free upcoming seminars and support groups, please contact our Department of Community Education 516-377-5333