

How Can I Learn More?

- Talk to your health care provider if you have any questions.
- Call your local or state health department.
- Visit the New York State Department of Health (NYSDOH) website at <https://coronavirus.health.ny.gov/pregnancy-covid-19>
- Visit the Centers for Disease Control and Prevention (CDC) website at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>
- Visit the MotherToBaby website at <https://mothertobaby.org/pregnancy-breastfeeding-exposures/covid-19/>



**Protect Yourself,
Your Family,
and Your Baby:
Get the
COVID-19
Vaccine!**



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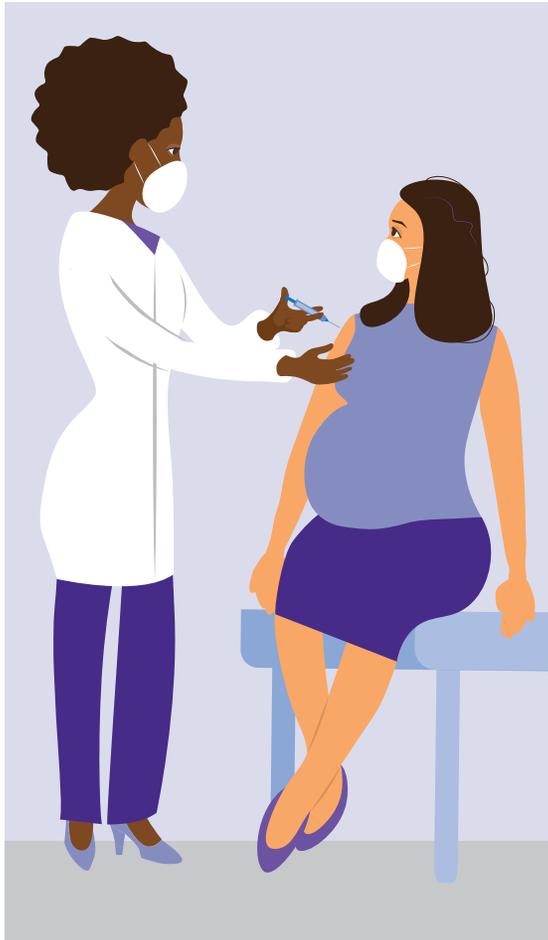


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Who Should Get Vaccinated?

Research shows that the COVID-19 vaccine is safe before, during, and after pregnancy. If you're thinking about getting pregnant, you're trying to get pregnant, you are pregnant or you're breastfeeding, get the vaccine now! This is recommended by the New York State Department of Health, the Centers for Disease Control and Prevention, the American College of Obstetrics and Gynecology, and the Society for Maternal-Fetal Medicine.



Why Should I Get Vaccinated?

- If you're pregnant, your risk is higher for serious illness, pregnancy complications, and death from COVID-19 than people who are not pregnant.
- COVID-19 vaccines do not cause infection, including in pregnant people or their babies.
- Pregnant people who get the COVID-19 vaccine do not have a higher risk of pregnancy loss (miscarriage) or other problems with pregnancy.
- COVID-19 vaccines show no effect on the ability to get pregnant, even among people going through fertility treatments.
- Studies have not linked COVID-19 vaccines with problems related to pregnancy, monthly periods, erectile performance, sperm quality, or infertility.

What Else Should I Know?

- You do not need to take a pregnancy test before you get a COVID-19 vaccine.
- You may keep breastfeeding when you're vaccinated. The vaccine will not harm your baby. If you get vaccinated, you may lower your baby's chances of getting COVID-19. You pass protective antibodies to your baby through your womb and breast milk.
- Pregnant people can get the COVID-19 vaccine anywhere it's available.

