

# Mount Sinai South Nassau Truth in Medicine Poll: Public Health & Your Insurance

MOUNT SINAI SOUTH NASSAU TRUTH IN MEDICINE POLL | SPONSORED BY FOURLEAF



Mount  
Sinai  
South  
Nassau

**FOURLEAF**  
Federal Credit Union

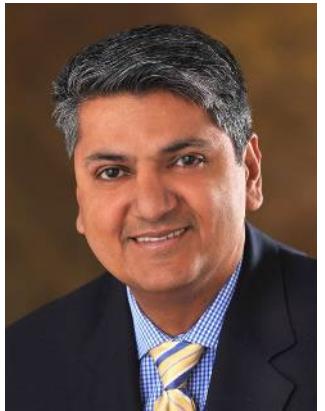
TOGETHER WITH OPTIMUM

**optimum.**

September 16, 2025



# Panel



**Adhi Sharma, MD**  
President  
Mount Sinai South Nassau



**Aaron E. Glatt, MD**  
Chair, Department of Medicine  
Chief, Infectious Diseases &  
Hospital Epidemiologist Mount  
Sinai South Nassau



**Mitali Kamdar**  
Senior Vice President  
Aon



**Chris Clarke**  
Senior Vice President  
of Compensation  
Optimum



**Brian Leidy**  
Chief Development Officer  
Island Harvest

# Truth In Medicine Poll

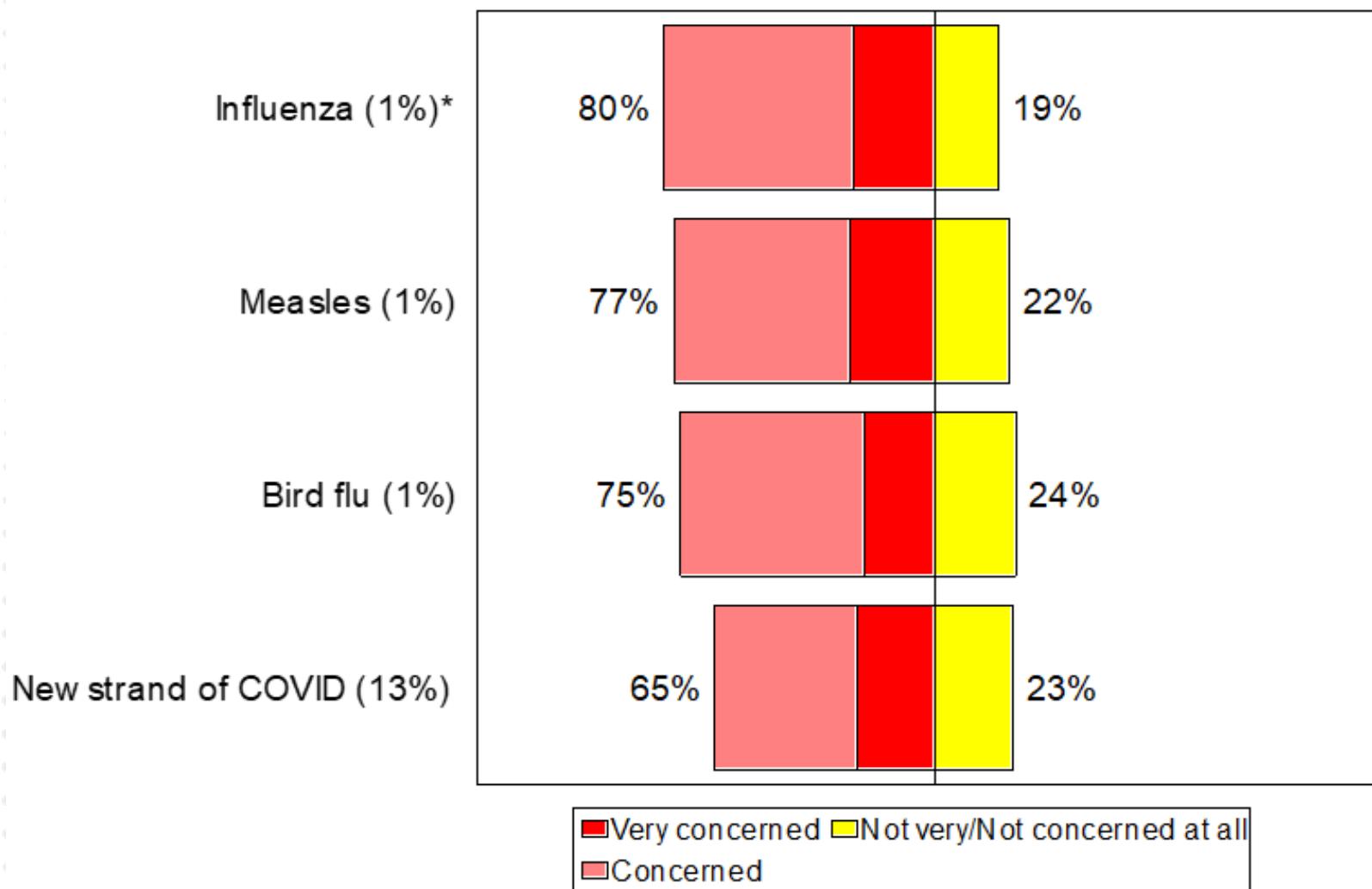
- Poll of 600 adults in New York City and Long Island.
- Conducted from July 13-20, 2025.
- Via landline and cell phone.
- Findings applying to 600 sample are subject to sampling error of plus or minus 3.9%
- Subgroups are subject to error of up to plus or minus 10%



# Mount Sinai South Nassau Truth in Medicine Poll - Key Findings

- A plurality of respondents think the U.S. is unprepared for a public health crisis – 40% think the country is prepared; 17% are not sure
- Respondents note concern about the emergence or re-emergence of a number of infectious diseases: 80% are concerned about influenza, 77% about measles, 75% about Bird Flu, and 65% about a new strand of Covid.

## Q.18-21 CONCERN ABOUT EMERGENCE OR RE-EMERGENCE OF INFECTIOUS DISEASES

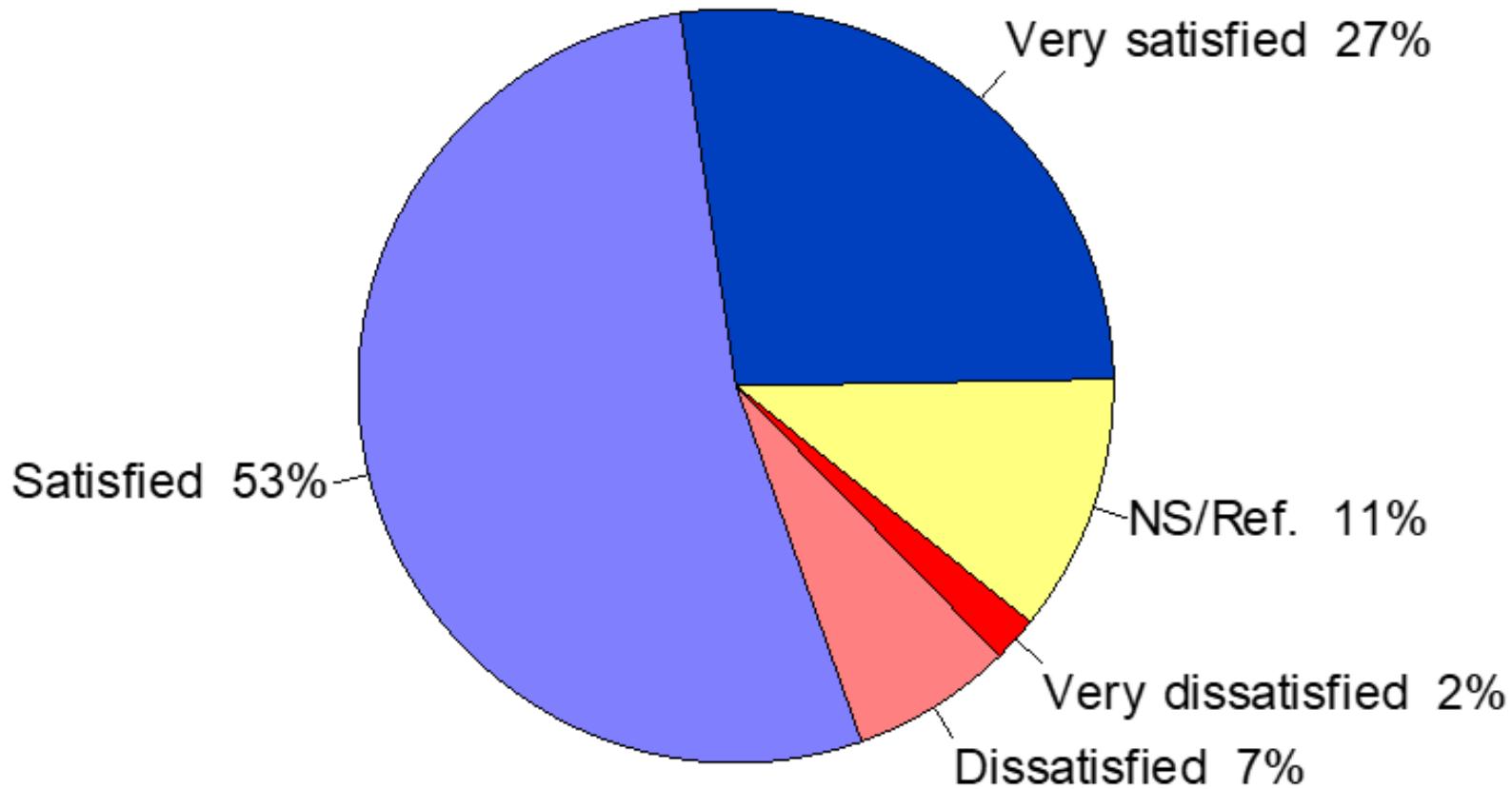


\*Percentages in parenthesis are "not sure" or refused.

# Mount Sinai South Nassau Truth in Medicine Poll - Key Findings

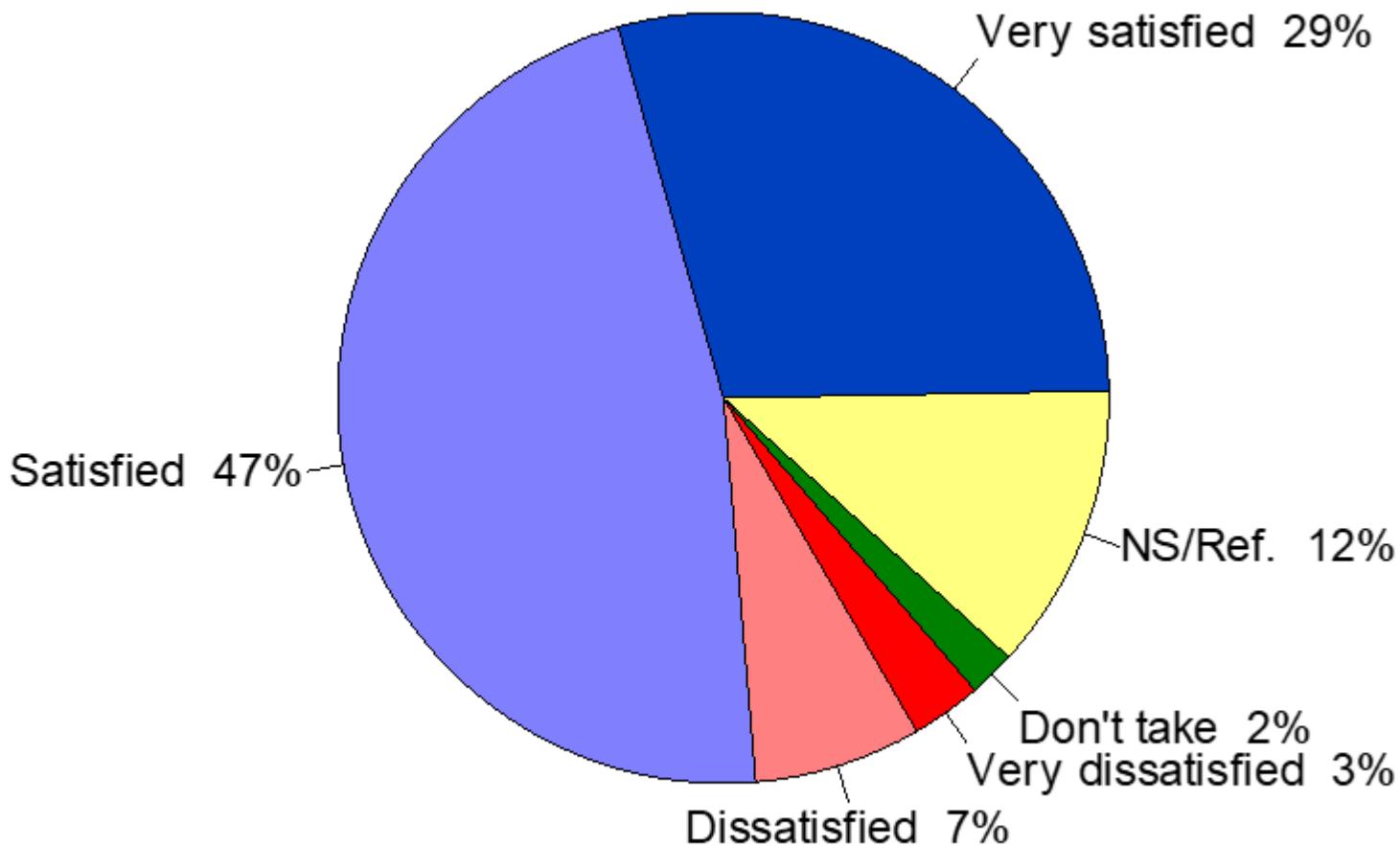
- Only 8% of respondents report that they do not have health insurance. 36% have private insurance, 17% are covered through ACA, and 25% have a program like Medicare or Medicaid
- Overall satisfaction with health insurance is quite high: 27% say they are very satisfied; 53% are satisfied; similar levels of satisfaction with prescription drug coverage 76% say they are very satisfied
- Among the 8% who do not have health insurance, nearly one-half (49%) say it is because it is too expensive. 26% note their employer does not provide it, 15% say they don't need it, and 6% say they do not know how to get health insurance
- 67% of all respondents strongly agree or agree that they are concerned about being able to afford health care for themselves and their family.

# How satisfied are you with your health insurance?



\*Based only on the 78% of respondents who have some type of health insurance coverage. N=470.

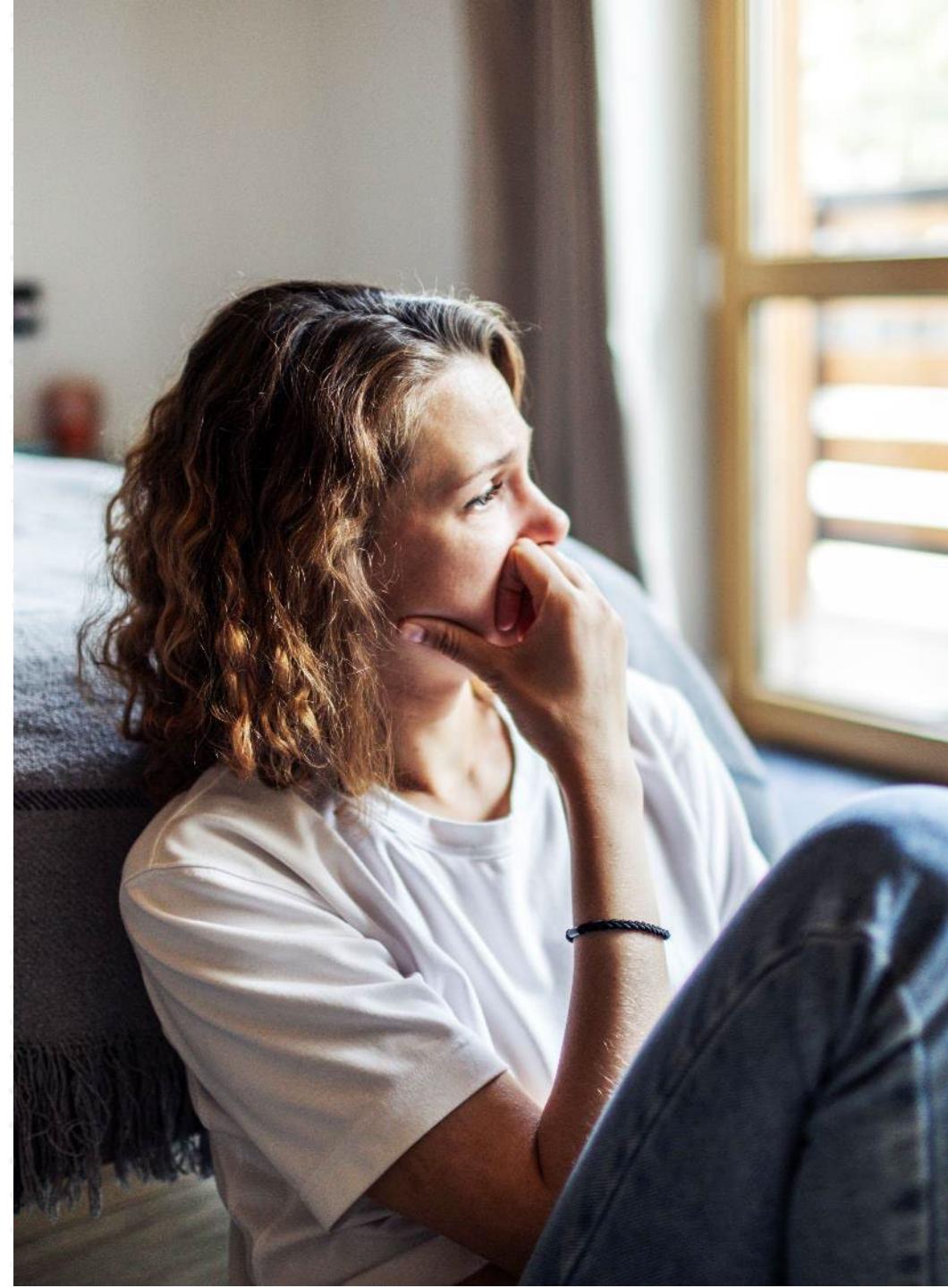
# How satisfied are you with the cost of your prescription drugs?



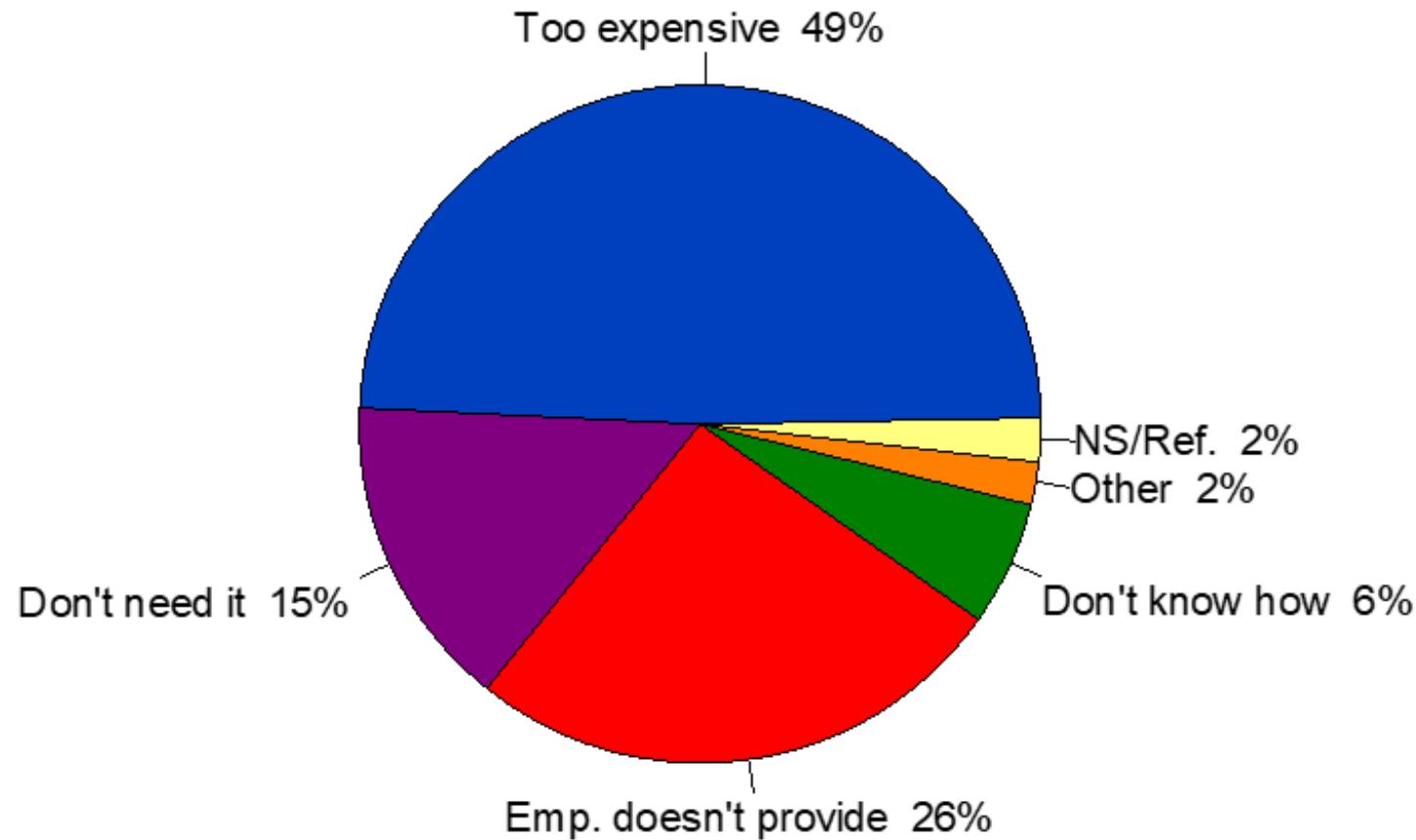
\*Based only on the 78% of respondents who have some type of health insurance coverage. N=470.

# Mount Sinai South Nassau Truth in Medicine Poll – Key Messages

- A plurality of respondents do not think the U.S. is prepared for a public health crisis
- 65% or more of respondents say they are concerned about influenza, measles, bird flu, and a new strand of COVID
- Despite skepticism about being prepared for a public health crisis, there is a belief that government should help people access affordable health care



# What is the main reason you do not have health insurance?



\*Based only on the 8% of respondents who do not have some type of health insurance. N=47.

# Mount Sinai South Nassau Truth in Medicine Poll- Key Findings

- Those with private insurance are highly satisfied with their coverage and prescription drug prices
- Those covered by the ACA are more concerned and dissatisfied and expressed distrust in government agencies
- This group also placed less importance on initiatives to improve the public's overall health and wellness
- Medicare/Medicaid respondents are broadly pleased with their coverage and affordability, and are the most likely to trust government agencies
- The younger population without insurance express concerns about affordability, believe the government should help provide health care, but are not highly concerned about infectious diseases

# Mount Sinai South Nassau Truth in Medicine Poll- Call To Action

# Truth In Medicine Poll- Questions?





Mount  
Sinai  
South  
Nassau

MOUNT SINAI SOUTH NASSAU TRUTH IN MEDICINE POLL | SPONSORED BY FOURLEAF



Mount  
Sinai  
South  
Nassau

FOUR<sup>8</sup>LEAF  
Federal Credit Union

TOGETHER WITH OPTIMUM

optimum.