



Get to Know South Nassau Communities Hospital

Dear Neighbor,

Our hospital has often been called “the best-kept secret on Long Island.” Whether for our excellent physician talent, our compassionate nursing care or our wide range of ambulatory services and community programs, we want you to know why South Nassau should be your choice for health care.

South Nassau is proud to have received four major awards for quality and safety:

- *Becker's Hospital Review's* 2014 “100 Hospitals with Great Women's Health Programs”
- We are also an ANCC Magnet[®]-recognized Hospital for superior nursing care, one of only five on Long Island
- We are recognized as a Joint Commission Top Performer on Key Quality Measures[®]
- and we received the American College of Surgeons' Commission on Cancer's Outstanding Achievement Award

Now that you've discovered the South Nassau secret, get to know us; we hope you'll entrust your care to us the next time you or your family need superior hospital services.



Sincerely,

Richard J. Murphy
President and CEO

SEE INSIDE
for listing of
onsite and offsite
care offered

Onsite Services One Healthy Way, Oceanside, NY 11572

Center for Cardiovascular Health

South Nassau is the only hospital on Nassau's South Shore approved to perform emergency and elective angioplasty and provide the most advanced techniques and technologies to treat life-threatening diseases of the heart, 24/7. We are also one of the region's fastest-growing cardiac catheterization providers, **with an average door-to-catheterization time that is 25% faster than the national recommendation.**

Contact: (516) 632-3670



Certified by the Joint Commission in disease-specific care for Heart Failure.



South Nassau consistently followed the treatment guidelines in ACTION Registry® – GWTG™ for four consecutive quarters and met a performance standard of 90% for specific performance measures to receive this 2013 award.



The American Heart Association recognizes this hospital for achieving 85% or higher compliance with all Get With The Guidelines®-Heart Failure Achievement Measures and 75% or higher compliance with four or more Get With The Guidelines®-Heart Failure Quality Measures for two or more consecutive years and for documentation of all three Target: Heart Failure™ care components for 50% or more of eligible patients with heart failure discharged from the hospital to improve quality of patient care and outcomes.

Center for Advanced Orthopedics

Offering the latest in minimally invasive orthopedic surgical procedures, the Center is home to some of the area's finest orthopedic surgical sub-specialists for outstanding spine, knee, hip and shoulder repair. The Center has been named by Empire Blue Cross Blue Shield as a Blue Distinction Center for knee and hip replacement, has been designated an Aetna



Institute of Quality Orthopedic Care Facility for total joint replacement and has earned The Joint Commission's Gold Seal of Approval™ for its hip and knee replacement programs by demonstrating compliance with The Joint Commission's national standards for health care quality and safety in disease-specific care.

Contact: (866) 32-ORTHO (326-7846)



Inpatient Behavioral Health

Designed to enhance the interaction between South Nassau patients, staff and their families, the hospital offers a serene calming patient unit with 36 beds, indoor activity spaces and comfortable patient and family lounges.

Contact (516) 632-3937



Designated as a **Blue Distinction®** Center for Knee and Hip Replacement



A not-for-profit member of the Blue Cross and Blue Shield Association.



Certified by The Joint Commission for disease specific care in knee and hip joint replacement programs.

Pediatrics

Offers comprehensive general and specialized inpatient pediatric care for children and teenagers. South Nassau also provides a Pediatric Emergency Department and a Special Care Pediatric Unit staff trained in Pediatric Advance Life Support (PALS).

We also features specialists in pediatric cardiology, endocrinology, gastroenterology, genetics, hematology-oncology, neurology, pulmonary medicine as well as allergy and immunology and Craniofacial and plastic surgery. Our pediatrics department also includes pediatric hospitalists, a neonatologist and pediatric radiologist for inpatient and outpatient services. Ambulatory pediatric services and our Child Life Program are also a part of our award winning services. Our staff is on call 24 hours a day, 7 days a week. **Contact: (516) 632-3951**



Emergency Department

Staffed by a team of dedicated professionals, including board-certified, residency trained emergency medicine physicians, South Nassau offers specialized emergency treatment for adults and children. We are an ACS-verified Level II Trauma Center, the only one on the South Shore of Nassau County, designated a New York State Department of Health Stroke Center, certified by The Joint Commission as a Primary Stroke Center and received the American Heart Association/American Stroke Association's Get With The Guidelines® - Stroke Gold Plus Performance Achievement Award and the Target: Stroke Honor Roll. **Contact: (516) 632-3900.**



Certified as a Primary Stroke Center by The Joint Commission, in conjunction with The American Heart Association/American Stroke Association.



The American Heart Association/American Stroke Association recognizes this hospital for achieving 85% or higher compliance with all Get With The Guidelines®-Stroke Achievement Measures and 75% or higher compliance with five or more Get With The Guidelines®-Stroke Quality Measures for two or more consecutive years and achieving Thrombolytic Therapy ≤ 60 minutes 75% and ≤ 45 minutes 50% or more of applicable acute ischemic stroke patients to improve quality of patient care and outcomes.

Radiology and Interventional Radiology

Performs a full range of imaging on an inpatient, outpatient and emergency basis, including diagnostic radiography and fluoroscopy, multi-slice, low-dose CT scanning, PET/CT (outpatient only), MRI, ultrasound, nuclear medicine, angiography and interventional procedures, including minimally invasive treatment and embolization of liver tumors. **Contact: (516) 632-3921**



Comprehensive Women's Healthcare



Maternity

South Nassau provides mothers and their babies with state-of-the-art, all-private, Labor/Delivery/Recovery rooms. Our labor and delivery team include Level II Neonatal Intensive Care, Maternal-Fetal Medicine specialists, board certified obstetricians, anesthesiologists, and neonatologists, all available 24/7. For high risk pregnancies, comprehensive prenatal and postnatal care is available at South Nassau through a partnership with Winthrop University Hospital's Division of Maternal-fetal Medicine. Nursing Mothers are supported through South Nassau's Lactation Resource Center, staffed by a professional team of International Board Certified Lactation Consultants who offer knowledge and expertise to assist the breastfeeding family.

South Nassau Communities Hospital is the recipient of the New York State Department of Health's Perinatal Quality Collaborative Obstetrical Improvement 2013 Quality Improvement Award. It is named in the Top 100 Hospital's Nationwide with Great Women's Health Programs, and has received the Torch of Life award from the AMT (Ambulance Medical Technicians) Children of Hope Foundation for their involvement in the Safe Haven Program. South Nassau Communities Hospital has been named a "Baby Friendly" hospital by the World Health Organization (WHO)/United Nations Children's Fund's (UNICEF) via Baby-Friendly USA, Inc. (BFUSA) for its commitment to mothers and newborns and in recognition of its effort to foster breastfeeding. **Contact: (516) 377-5310**

Women's Center for Pelvic Floor Disorders and Urogynecology

South Nassau's Women's Center for Pelvic Floor Disorders and Urogynecology offers expertise in the diagnosis and treatment of pelvic floor disorders. The Center also offers advanced radiologic services for conditions such as: cystocele, rectocele, enterocele, vaginal prolapse, uterine prolapse, stress incontinence, fecal incontinence, overactive bladder and vesicovaginal and rectovaginal fistulas. **Contact: (516) 763-7820**



Comprehensive Gynecologic Oncology

Services are provided at two locations: One Healthy Way, Oceanside, NY, and at The Gertrude & Louis Feil Cancer Center, 1 South Central Avenue, Valley Stream

The division of Gynecologic Oncology offers patients access to state-of-the-art diagnostic and therapeutic services. We reduce the time our cancer patients need to wait for definitive therapy through expediting consults and diagnostic procedures. Services include: treatment for benign pelvic pain, colposcopy, in-office biopsies, and laser treatment of precancerous conditions of the vulva, vagina, cervix, fallopian tubes and ovaries. **Contact: (516) 632-3350**

Robotic Gynecologic Surgery

For cancer patients requiring hysterectomy, the da Vinci® Robotic Surgical System is one of the most effective and least invasive treatment options available. Benefits include less pain, fewer complications, less blood loss, shorter hospital stays, low risk of wound infection, as well as quicker recovery time between surgery and follow-up treatments. **Contact: (516) 632-3350**



Department of Surgery

Provides surgery for adult and pediatric inpatients and outpatients. The department offers a full range of services from general surgery to pediatrics and provides an array of leading-edge techniques, including da Vinci robotic-assisted surgery. **Contact: (516) 632-3940.**



Center for Prostate Health

Staffed by a team of specialty surgeons, radiation oncologists, urologists and urologic oncologists, South Nassau offers comprehensive prostate cancer services, including UroNav Fusion Biopsy — an innovative new technology for more precise and accurate detection of prostate cancer, radical prostatectomy, prostatectomy using the da Vinci® Robotic Surgical System, radiation therapy, brachytherapy, Novalis Tx radiosurgery and active surveillance. **Contact: (516) 632-3350**



Radiation Oncology/ Gamma Knife/ Novalis Tx

South Nassau's team of radiation therapy specialists, including oncologists, therapists, nurses, physicists and support staff, utilize state-of-the-art treatment options including the only Gamma Knife® brain radiosurgery and Novalis Tx™ body radiosurgery systems to treat an array of cancers and other debilitating conditions. **Contact: (516) 632-3370**



Non-Invasive Vascular Lab

Offers comprehensive services, including carotid artery ultrasound; renal artery ultrasound; peripheral ultrasound; pulse volume recordings; ankle brachial indices (ABI) for upper/lower extremities; venous reflux testing; vein mapping; arterial mapping; upper and lower extremity graft surveillance; and velocity waveform studies (spectral analysis). Treatment options include peripheral vascular therapies, such as endovascular repair of aortic aneurysms. **Contact: (516) 632-4204**



Onsite Services One Healthy Way, Oceanside, NY 11572

Radiological Associates of Long Island, PC (RALI)

Radiology Services are provided at two locations:

One Healthy Way, Oceanside, NY and 185 Merrick Road, Oceanside, NY

The group of radiologists who provide radiology services to South Nassau Communities Hospital and its clinicians and patients is known as Radiological Associates of Long Island, PC (RALI). The group of 12 subspecialty trained, board-certified radiologists specializes in the diagnosis and treatment of medical and surgical issues using advanced imaging including x-ray, computed tomography (CT), magnetic resonance imaging (MRI), positron emission tomography (PET), ultrasound, diagnostic and therapeutic



interventional procedures, nuclear medicine including radioisotope treatment of the thyroid, and bone density. Both sites are fully accredited in all modalities by the American College of Radiology. **Contact: (516) 766-6550**

Palliative Care & Geriatric Services

Palliative care (pronounced pal-lee-uh-tiv) is the medical specialty focused on improving overall quality of life for patients and families facing serious illness. Palliative care supports the patient's and family's goals and preferences as they relate to medical treatment. Emphasis is placed on relieving pain and other



distressing physical and emotional symptoms that often accompany serious illness through enhanced communication, addressing spiritual needs and improved coordination of care.

Palliative care at South Nassau

is provided by a team of professionals with specific expertise and certification, who work in conjunction with your primary doctor. Palliative care is appropriate at any point in a serious illness and can be provided at the same time as treatment that is meant to cure or control a disease or illness. **Contact: (516) 632-4200**

Pain Management Center

Specializes in traditional, complementary and alternative methods for treating acute and chronic pain, including procedures such as nerve block, cryotherapy and radiofrequency thermocoagulation therapy on an inpatient or outpatient basis. **Contact: (516) 764-PAIN (7246)**



Transitional Care

The Transitional Care Unit (TCU) at South Nassau Communities Hospital is for patients whose acute care is complete but who continue to need specialized medical, nursing and rehab services because they are not yet ready for independent living. **Contact: (516) 632-3500**



Offsite Services



440 Merrick Road, Oceanside



Center for Women's Imaging

South Nassau Center for Women's Imaging offers comprehensive advanced services and technologies devoted to women's health and breast cancer prevention. We offer 3D mammography for better breast cancer detection than conventional 2D mammograms alone, and same-day results.

Contact: (516) 255-8220



Wound Care Center

Staffed by an interdisciplinary team, the center focuses solely on the treatment of chronic non-healing wounds caused by diabetes, pressure ulcers, peripheral vascular disease and trauma.

Contact: (516) 764-HEAL (4325)



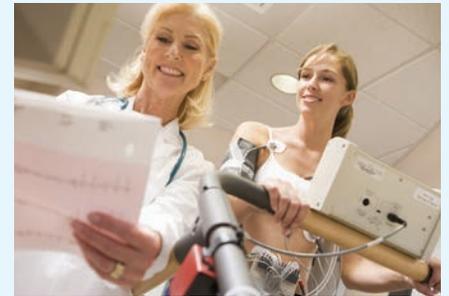
Certified by
The Joint Commission
for disease-specific care.



The SMART Center

Sports Medicine and Rehabilitation Therapy (SMART) Center provides comprehensive care which includes physical, occupational and speech therapies all under one roof. The center also has one of the area's only amputee walking schools.

Contact: (516) 255-8200



Cardiac Rehabilitation Program

South Nassau's Center for Cardiovascular Health provides a comprehensive, individualized 12-week program of cardiac rehabilitation for people who have had a recent heart attack, heart surgery or have been diagnosed with stable angina. South Nassau also offers pulmonary rehabilitation. **Contact: (516) 255-8280**

*Certified by the American Association of
Cardiovascular and Pulmonary Rehabilitation.*

Offsite Services



2750 Merrick Road, Bellmore

South Nassau Primary Medical Care at Bellmore, P.C.

Offers comprehensive medical services for adults and adolescents, 18 years or older, including primary care, gynecology, cardiology and weight and life management. **Contact: (516) 409-2000**

Family Medicine Center

Provides a comprehensive range of services tailored to the individual needs of the patient, from adult medicine and pediatrics, to geriatric and obstetric/gynecologic care, to preventive medicine and urgent health care, regardless of insurance status.



Two Convenient Locations:



761 Franklin Blvd., Long Beach
(516) 544-2351



196 Merrick Road, Oceanside
(516) 255-8400



3618 Oceanside Road, Oceanside

Outpatient Dialysis Center

Combining advanced medical technology with modern-day amenities, South Nassau's 18-bed state-of-the-art Outpatient Dialysis Center provides expert, compassionate care for people who require hemodialysis. **Contact: (516) 255-8000**

71 Homecrest Court, Oceanside
516-766-6283

Oceanside Counseling Center

Licensed by New York State, the Center provides supportive, skill-building and rehabilitative services for the treatment of alcohol and drug abuse, as well as other compulsive behaviors.



325 E. Bay Drive, at the corner of Monroe Blvd.
Long Beach, NY 11561

South Nassau's Emergency Department at Long Beach

The busiest community hospital emergency room in Nassau County has expanded to open an off-campus Emergency Department in Long Beach. The South Nassau Emergency Department at Long Beach offers patient-centered emergency care that is typical of a hospital-based emergency department.

Our off-campus Emergency Department will be staffed by board-certified, residency-trained emergency medicine physicians – just like our Oceanside location – as well as nurses, nurse practitioners and physicians' assistants who have been specially-trained in emergency medical care. **Contact: (516) 870-1010**



1 South Central Avenue, Valley Stream

The Gertrude & Louis Feil Cancer Center

One of the premier cancer programs in the New York metropolitan area, which includes surgery, chemotherapy and radiation, South Nassau is the only Long Island hospital that offers a combination of Novalis Tx™ body radiosurgery, Gamma Knife® brain radiosurgery and da Vinci® robotic surgery. We are accredited by the American College of Surgeons Commission on Cancer as a Comprehensive Community Cancer Program – and among only thirty percent of hospitals to have received this approval. We have also received the organization's prestigious Outstanding Achievement Award. **Contact: (516) 632-3350**



119 North Park Avenue, Suite 101,
Rockville Centre

RALI PET of Rockville Centre

Advanced diagnostic imaging – PET and CT scans – can help you get an accurate diagnosis, the key to properly treating injuries and illnesses. The board-certified radiologists at Radiological Associates of Long Island, PC (RALI) are a robust group of subspecialists and expert diagnosticians you can depend on for timely top quality reads and diagnoses.

Contact: (516) 255-9555



Offsite Services



2277 Grand Avenue, Baldwin



Home Health Care

South Nassau's nationally renowned program provides a comprehensive range of personalized home health care services on a short- or long-term basis. South Nassau is accredited by the Joint Commission, licensed by New York State and certified to participate in Medicare, Medicaid and Blue Cross programs.



For the fifth year running, South Nassau Home Care has earned a spot in the prestigious HomeCare Elite™ list of home health providers in the United States.

Contact: (516) 377-5000

Community Education Program

Offers lectures, support groups, parenting and health education programs that coincide with the monthly National Health Observance Calendar. Prostate and skin cancer screenings, smoking cessation and weight control programs are provided free of charge.

Contact: (516) 377-5333

Mental Health Counseling Center

Staffed by professionals in psychiatry, psychology, social work and nursing, the center provides counseling and specialized services for many disorders, including depression, anxiety and childhood emotional disturbances. The center also offers a Partial Hospitalization and Intensive Outpatient Program. **Contact: (516) 377-5400**





1420 Broadway, Hewlett

Center for Digestive Disorders and Metabolic Disease

Designated a Center of Excellence by the American Society of Bariatric Surgery, the program offers a complete, comprehensive plan that treats the entire person before, during and after weight-loss surgery. The Center also specializes in the diagnosis and treatment of digestive disorders, including GERD and hiatal hernia. **Contact: (516) 374-8631**



SIBSPlace®

SIBSPlace is a free support program whose goal is to prevent the loss of a normal childhood for children who have a sibling or parent suffering with cancer or other type of life-threatening illness. The only program of its kind in the United States, it is open to children ages 5–17. **Contact: (516) 374-3000**



Center for Sleep Medicine

Specializes in the diagnosis and treatment of sleep disorders in adults, adolescents and children. A *polysomnogram*, or sleep study, is conducted in private, hotel-style accommodations, and a board-certified sleep specialist interprets the study and prescribes treatment, if warranted. **Contact: (516) 374-8830**





Did You Know...



The Joint Commission
Top Performer on
Key Quality
Measures®
2013
• Heart Attack
• Heart Failure
• Pneumonia
• Surgical Care

South Nassau Ranks Among The Best Hospitals on Long Island

We are South Nassau Communities Hospital, an award-winning, 455-bed, acute care, not-for-profit teaching hospital located in Oceanside, serving the entire South Shore from the Rockaways in Queens to the Massapequas and beyond. Our commitment to quality care is the reason why South Nassau is the only hospital on Long Island to receive the following combination of honors for quality and service excellence:

- Top Performer on Key Quality Measures®, according to the Joint Commission on Accreditation of Health Care Facilities
- Top Nursing Care, according to the American Nurses Credentialing Center’s (ANCC) Magnet® recognition
- *Becker's Hospital Review's* 2014 “100 Hospitals with Great Women's Health Programs”
- American College of Surgeons' Commission on Cancer’s Outstanding Achievement Award

What do these honors mean to the patients and communities we serve?

As a Joint Commission Top Performer on Key Quality Measures, South Nassau can be counted on for the exemplary use of clinical processes that improve care for the treatment of heart attack, heart failure, pneumonia or patients undergoing surgery.

Many patients judge a hospital at least in part on its interactions with its nursing staff, which typically spends the most time caring for patients. In this area, South Nassau’s performance has been nationally recognized for outstanding nursing services by the American Nurses Credentialing Center’s Magnet award. Magnet recognition demonstrates that nursing at South Nassau is about great practice, excellence in patient care and attention to overall patient needs.

Becker's Hospital Review recently named South Nassau Communities Hospital to its 2014 listing of “100 Hospitals with Great Women's Health Programs” in the United States. This is the third consecutive year South Nassau has been named to the prestigious list.

South Nassau was selected based on its clinical excellence, quality care and awards for women’s health services. The list was developed through extensive research and a rigorous review with peer organizations.

South Nassau’s cancer program has earned the American College of Surgeons' Commission on Cancer’s Outstanding Achievement Award for three consecutive (three-year) survey cycles (2009, 2012, 2015). The Outstanding Achievement Award (OAA) is designed to recognize cancer programs that strive for excellence in demonstrating compliance with the CoC standards and are committed to ensuring high quality cancer care.

These honors join a multitude of others South Nassau has earned for outstanding quality including: Get With The Guidelines Stroke Gold Plus Quality Achievement Award; Joint Commission Advanced Certification for Primary Stroke Centers; and HomeCare Elite™, listing South Nassau’s Home Care as one of the top home health care providers in the United States, for the tenth consecutive year.

Like us <http://www.facebook.com/SouthNassau> • Follow us <http://twitter.com/SouthNassau>