



2020

NURSING ANNUAL REPORT

COMMITTED TO NURSING EXCELLENCE



Mount
Sinai
South
Nassau

southnassau.org/nursing

Table of Contents

01 Transformational Leadership	Nurses Leading the Way	4
	2020 Nursing Recognition	5
	Daisy Recipients	6
	Exemplary Advanced Practice Nurses	7
02 Structural Empowerment	Bolstering Our Nurses with Education	8
	Councils on the Move	10
	Nurses Make Progress in Clinical Advancement Program (CAP)	11
	Community Service	11
03 Exemplary Professional Practice	Professional Practice Model	12
	Unit Highlights	14
04 New Knowledge, Innovation & Improvement	Nursing Research & Evidence-Based Practice Council	28
	2020 Podium and Poster Presentations	29

CNO Welcome Message

Nursing Mission

To provide exceptional clinical experiences and outcomes for patients and families in the many diverse communities we serve through the advancement of nursing practice guided by unrivaled education, equity, leadership, innovation, and scientific nursing research.

Nursing Vision

To be widely recognized for providing an inclusive workplace culture where nurses choose to work and patients want to receive their care.



Dear Colleagues and Friends,

Welcome to the 2020 Mount Sinai South Nassau Department of Nursing Annual Report.

Even though Nursing has been recognized as the most trusted profession for many years, this past year truly highlights the strength of our nurses. Our nurses rallied both their power and resilience to care for the sickest of patients during what is certainly the worst public health crisis in our lifetime. During an unprecedented year of challenges, nurses from every area of practice bravely stepped up to put our patients first; their efforts saved thousands of lives and positively impacted thousands more. We witnessed the entire Department of Nursing give every ounce of strength they had to care for our patients and comfort their loved ones.

Our Nursing Leadership team led like no other team I have witnessed in my 20+ years of nursing. Our Vice President of Nursing worked tirelessly with the Nursing Directors, Nurse Managers, Assistant Nurse Managers, Nurse Educators and Nursing Supervisors to ensure our staff was safe and informed.

Our nurses remain innovative and agile, while continuing to foster a culture of kindness and caring. The new technology and communication strategies implemented during the pandemic will continue to enable us to provide safe and effective care, as well as ensure our patients remain connected with their loved ones.

Many thanks to Hospital Administration, the Board of Directors and the entire interdisciplinary team for your collaboration and teamwork; your support enabled us to make it through the most challenging time of our lives.

In the pages that follow, you will see that, despite the most trying of times, the Department of Nursing had many significant accomplishments in 2020.

The hard work and commitment of the Department of Nursing is truly recognized from the bedside to the boardroom, and beyond. It gives me great pleasure to work with such a dedicated team!

Sincerely,

Stacey A. Conklin, MSN, RN-BC, MHCDS, NE-BC
Senior Vice President, Chief Nursing Officer

Transformational Leadership

At Mount Sinai South Nassau, our nursing leaders are responsive, innovative, flexible and passionate about nursing. We empower our employees toward innovation and excellence in patient care. Nursing leadership is present and engaged in creating an atmosphere where employees thrive.



NURSES LEADING THE WAY

Strategic planning is an important tactic enabling Mount Sinai South Nassau to look into the future in a systematic way, ensuring we remain responsive and connected to patient and community needs. It provides a clear and consistent focus. Our strategic plan aligns with the organizational and nursing system strategic plans

and encompasses goals that will occur over a two-year period. We categorize goals and objectives into our 5 pillars. The Nurse Executive Council reviews the plan on an ongoing basis to identify our progress in achieving identified goals.



2020 NURSING RECOGNITION

It is difficult to select one defining moment that reflects the indomitable spirit of our Mount Sinai South Nassau Nurses during the COVID pandemic. There were so many. The legend of the teapot comes to mind, symbolic of nursing's strength. Like our nurses, teapots are seldom exactly alike, and they remind us that "hot water" brings out the best in nurses and the nursing profession.

Our emergency nurses courageously held the front line with a constant surge of acutely ill patients seeking care. They truly "rolled with the punches", no matter how brutal, knowing a patient's life may depend on them. Our critical care team extended themselves beyond expectations, when critical care beds more than quadrupled. They were steadfast and brave in the face of an unparalleled challenge. Our acute care nurses in Telemetry and Med-Surg quickly adapted to evolving assignments and a focus on respiratory management of the sickest of patients. Our perioperative and procedural nurses were witness to an unprecedented closure of their operating rooms and procedural units, but readily shared their skill and expertise to care for inpatients. Our TCU nurses stepped forward when their unit was converted to one of our first COVID units. Our dialysis nurses experienced an unexpected spike in the volume of patients requiring hemodialysis services. They accepted the challenge.

Our advance practice nurses were an integral part of the healthcare team: Nurse Practitioners assuming roles as clinical nurses and clinical leaders; CRNAs bringing their skills to newly created critical care units, leading the respiratory care of patients; and our behavioral health CNS focusing on preserving the psychological health of staff and promoting stress management.

Our infection prevention nurses led the way in a period of fear and uncertainty, helping staff to recognize the novelty of the coronavirus and remaining focused on the science surrounding the pandemic experience.

Our performance improvement nurses once again donned their scrubs and returned to the bedside to provide direct care and impact outcomes. Our care managers served as a liaison between providers and families, keeping connections. Women & Children's nurses found innovative ways through technology to provide family-centered care and sharing of the birth experience in an environment that precluded family presence and visitation. Nurses from physician practices, homecare and other satellites returned to our main campus as a member of the bedside team. They reconnected with former colleagues and brought a wealth of experience to the patients they cared for.

Our nurse educators seamlessly onboarded redeployed nursing staff, agency nurses and provided ongoing education for rapidly changing practices. Our nurse leaders calmly and courageously led during a time of unplanned and sometimes chaotic change. They remained a consistent source of support for nursing staff and fostered continuing communication that all could rely on.

Our nurses worked tirelessly, putting in days and hours well beyond what was expected, putting patients and staff first, putting their own needs on a back burner. Nurses were on the front line of COVID: fighting fiercely to save patient lives, motivating and leading through insurmountable challenges, supporting colleagues, and easing the path of those who were lost to the ravages of COVID. Caring and focus helped us get the job done and meet overwhelming challenges face on. Our many nurses of excellence were steeped to full strength and emerged as our heroes!

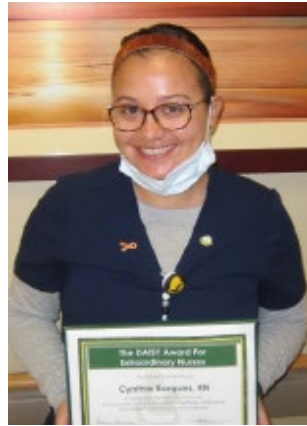
DAISY RECIPIENTS

The Daisy award is an international program that rewards and celebrates the extraordinary, compassionate, and skillful care given by nurses every day.

Mount Sinai South Nassau is proud to be a Daisy partner and recognized four of our nurses with this special honor in 2020.



Bela Shapiro, RN, Float Team



Cynthia Borquez, RN, ANM, FI



Anthony Lucito, RN, D2E



*Janice Campbell, RN,
Lactation Coordinator*



*Helen Caffray, DAISY Champion
Honoree*



*Eileen Mahler, DAISY Leader &
Lifetime Achievement Awards*



Mount Sinai South Nassau's 2020 nominee for Magnet Nurse of the Year was Lucille Hughes, DNP, MSN/Ed, CDCES, BC-ADM, FADCES, Director of Diabetes Education.

She empowers others to reach an optimal level of health by guiding them to discover inner strengths and embrace self-management. Lucille's optimistic spirit is a gift that inspires colleagues and patients. Her passion has focused on diabetes prevention and management, through education, recognizing that diabetes presents across all patient populations. Lucille's commitment to quality and safety, along with her experience, advocacy and influence are instrumental to achieving exceptional outcomes for our diabetic patients.

Lucille Hughes, DNP, MSN/Ed, CDCES, BC-ADM, FADCES, Director of Diabetes Education.



Our Advance Practice Nurses take a moment to celebrate during Nurses Week 2020.

EXEMPLARY ADVANCED PRACTICE NURSES

Mount Sinai South Nassau's Advanced Practice Nurses (APRNs) under the direction of Senior APRN, James Murphy, maintain an Advanced Practice Innovation Care Committee for empowerment as a peer support, peer review, and forum for sharing best practices.

The committee vision is that APRNs will assume a pivotal role in the decision-making process within the hospital and practice at the highest level of autonomy. Although the committee was unable to hold their annual seminar and awards ceremony in 2020 due to COVID-19 restrictions, we recognize and value the contributions of APRNs in advancing patient care.

Structural Empowerment

At Mount Sinai South Nassau, our nurses are confident, professionals integrally involved in shared decision-making and structures. We support our nurses in seeking ongoing opportunities for education, professional development and clinical advancement. Superior job performance is acknowledged and rewarded.



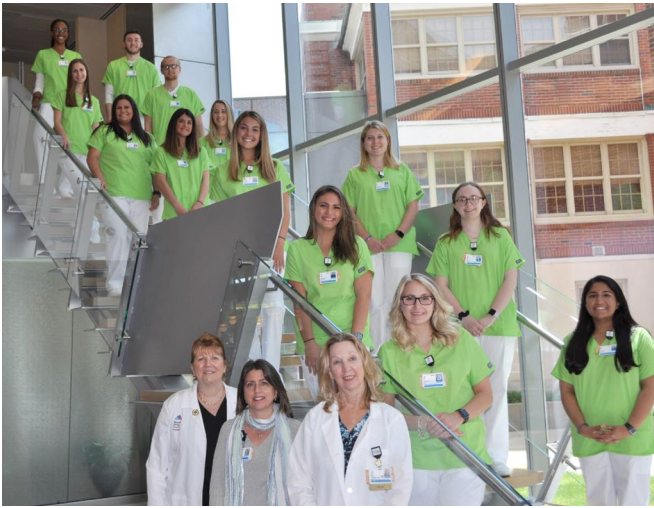
2020 Nursing Education Team reminds us “We can do it!”

The Department of Patient Care Services supports and encourages continuing nursing education and provides financial support for ongoing formal academic preparation, seminar attendance, and specialty certifications. Our team of talented nurse educators promote professional development along the continuum from novice to expert.

BOLSTERING OUR NURSES WITH EDUCATION

2020 was a year in which nurses found themselves in situations never seen before with the Coronavirus

pandemic. Education on how to care for the patients was continually evolving. Practices changed rapidly to reflect CDC recommendation; equipment and supply chain challenges led to use of substitute products and new technologies. The care delivery model changed from a primary to team based model to meet patient care needs and maximize redeployed staff during the surge. Staff commitment and resiliency were key factors in staff ability to adapt to new nursing knowledge and practices.



2020 Student Nurse Externs with Program Coordinator, Joan Gallagher, CNO Stacey Conklin & Eileen Mahler, Director of Nursing Education.

- In 2020 314 Patient Care Services Employees were hired and Oriented
- 102 new graduate RNs successfully completed transition training programs
- 91 RNs were trained as RN Preceptors
- 443 RNs participated in the Clinical Advancement Program
- Maintained Academic Affiliations with 22 Schools of Nursing
- Nursing Student Placements were impacted by COVID -19. Spring Clinical Placements were cancelled. Summer and Fall placements included: 289 Under graduate placements, 8 Capstone Students, and 30 Graduate Nursing Students
- Conducted annual Mandatory Education Sessions for RNs, LPNs & Support Staff
- Implemented online TCAR program to support Trauma Service Education
- Converted CPI program to online module and hybrid skill validation
- Continued and adapted hybrid and online educational programs to meet PCS staff and specialty needs (Dysrhythmia, CPI, Stroke, Portfolio Workshops, varied specialty education programs)
- Continued to offer educational resources to staff for professional development (ENA and AACN ECCO Modules for ED & Critical Care, Apex Stroke Modules for D2W, AWHONN Learning Modules for W&CH, CE Direct Online Learning, CNA Learning Advisor Modules for TCU, and ANCC Success Pays Certification Program)
- Conducted a modified Summer Student Nurse Extern Program for 13 nursing students
- Sponsored multiple RN Recognition Programs & adapted to COVID Restrictions: Quarterly Daisy awards, Nurses' Day & Week Virtual Activities, & Virtual Certified Nurses Day



Mount Sinai South Nassau's Nurses' Celebrate Nurses' Day May 2020.

COUNCILS ON THE MOVE

Our nursing Council structures at Mount Sinai South Nassau are built on the premise of teams coming together to create and implement actions that move us toward our vision to empower nursing staff to practice innovatively, influence exceptional patient outcomes, learn continuously and create an environment where nurses choose to work and patients want to receive care. They are the foundation for a commitment to shared vision and collaborative practice.

Our Councils include:

- **Nurse Executive Council**
- **Nursing Practice Council**
- **Nursing Education and Professional Development Council**
- **Nursing Research and Development Council**
- **Evidence Based Practice Council**
- **Holistic Council**
- **Unit Based Councils**

Nursing Education and Professional Development Council

- Hosted a Virtual Certified Nurses Day Celebration with our highest certification rate - 47% of our eligible nurses having professional certification in their specialty.
- Hosted Support Staff Appreciation Day
- Assisted Honors Council in implementing DAISY Award program

- Developed annual Learning Needs Assessment Survey to plan future educational programs for RN staff

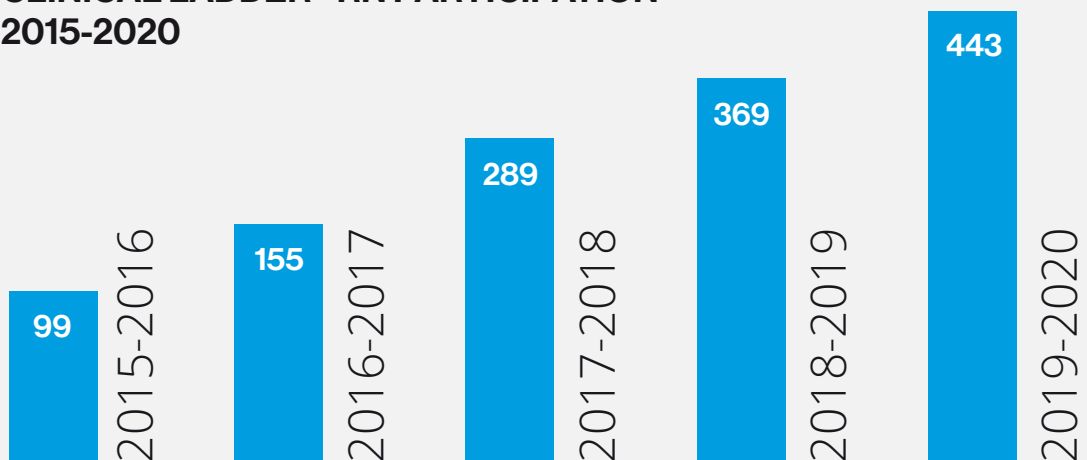
Nursing Practice Council

- Reviewed and revised policies and procedures
- Revised our RN Peer Review Tool
- Conducted reevaluation of how we operate our Professional Practice Model to align with our system PPM of Relationship-Centered Care
- Collaborated with Unit-based councils on specialty-specific projects

Holistic Nursing Council

The holistic council is a shared decision-making forum that promotes nursing practice that focuses on the principles of holism, unity, wellness and the interrelationship of human beings and their environment. The council promotes methodologies for nurses to integrate self-care, self-responsibility and reflection to recognize and care for the totality of the human being. The condition of the patient as a whole person is taken into account during all aspects of the nursing process (assessment, diagnosis, planning, intervention and evaluation). The council promotes and supports holism as a key component of nursing practice. A holistic approach to care is valued as a hallmark of nursing excellence and contributes to improved patient outcomes. Holistic methodologies are innovative and

CLINICAL LADDER - RN PARTICIPATION 2015-2020





Members of the 2020 Holistic Council celebrate Nightingale's 100th Birthday.

individualized to the specific patient. The holistic council fosters collegiality and interdisciplinary collaborating in achieving the goals of care for the patients we serve. Their role in promoting self-care and stress management was essential in 2020.

NURSES MAKE PROGRESS IN CLINICAL ADVANCEMENT PROGRAM (CAP)

Mount Sinai South Nassau's Clinical Advancement Program achieved our highest level of participation in 2020 at 443 RNs. Our program is based on Patricia Benner's conceptual model From Novice to Expert. Reward and recognition is provided for professional accomplishments, engagement, and contributions.

The program benefits patients, nurses and our organization because it supports our clinical nurses with the resources required to develop ongoing expertise and advancement within the nursing profession.

COMMUNITY SERVICE

Mount Sinai South Nassau's Nurses are integrally involved in community service and truly served as first responders during the COVID-19 pandemic. Although community screening events, public education, and community fundraising activities were limited in 2020, nurses participated in flu PODS, COVID- vaccine PODS, assisted many families in their local communities, and continued varied fundraising activities.



The Cardiac Services Team participates in February 2020 Go Red Event.

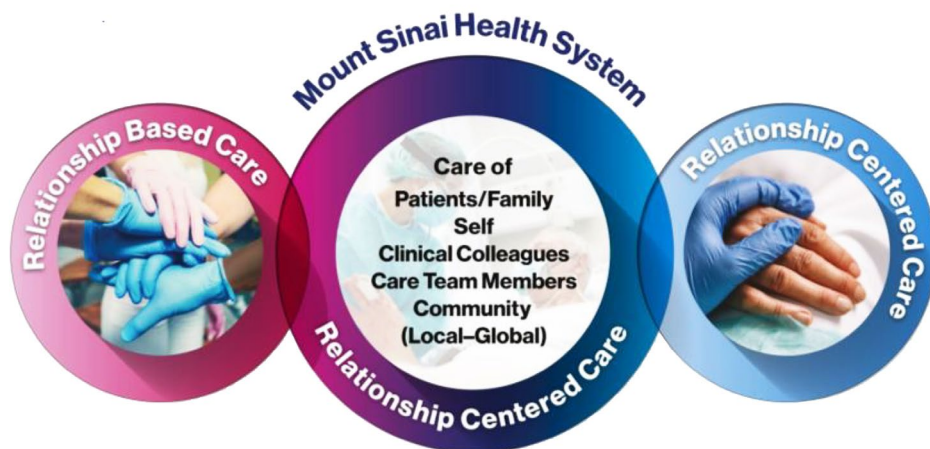


Float Team RNs Ivan Taglorin & Mariana Peredo teach about viruses & germs to elementary school children at Learning Spring School, NYC, in February, 2020.

Exemplary Professional Practice

A top priority and core goal of our nurses is to provide patients with comprehensive, quality care in a safe, healing environment. Our Magnet nurses focus on teamwork, collaboration, communication and relationship building, not only with their outstanding health-care colleagues, but also with their communities, patients, and their patients' families.

PROFESSIONAL PRACTICE MODEL Mount Sinai Health System Relationship Centered Care



As part of the Mount Sinai Health System, Mount Sinai South Nassau aligns with the system Professional Practice Model Relationship Centered Care (RCC). Our PPM is a dynamic system which supports registered nurse control over the delivery of nursing care and the environment in which care is delivered. Subsystems of the PPM include core values, professional relationships, the patient care delivery model, leadership/governance structures, and recognition and reward.

Our Nursing Practice Council collaborated with other councils and nursing leadership in 2020 to design a graphic representation on how Mount Sinai South Nassau operationalizes RCC. As the Flagship hospital for Mount Sinai on Long Island, the Flag on the map of Long Island reflects our commitment to relationship-centered care. It also contains our foundations of evidence-based practice and development along a continuum of novice to expert. We aspire to our STAAR Standards Every Day, Every Shift, for Every Patient as seen in the sky. Our nursing values are noted along the map of Long Island.

TEAMWORK

ACCOUNTABILITY

SERVICE

ATTITUDE

RESPECT

Every Day, Every Shift, Every Patient

Novice to Expert • Evidence-Based Practice



Mount
Sinai
South
Nassau

Relationship-Centered Care

COLLABORATION

AUTONOMY

SPIRITUALITY

DIVERSITY

INTEGRITY

EMPATHY

PRIDE

HOLISM

COMPASSION

ADVOCACY



Our ED Nursing Team on the frontline in 2020!

UNIT HIGHLIGHTS

EMERGENCY DEPARTMENT OCEANSIDE & LONG BEACH

The Emergency Departments (ED's) are staffed with a complement of skilled clinical staff which provides a high level of clinical expertise. Both ED's were impacted by COVID-19 in 2020. The Oceanside ED saw an annual volume decrease of 15.5% from 2019 to 2020. In 2020, a total of 51,215 patients were seen at the Oceanside ED. While admissions dropped by 7.9% as well, the amount of time admitted ED patients boarded in the ED increased by 380%. This increase posed a significant hardship on the ED, requiring creative solutions to accommodate incoming ED patients while still caring for the admitted boarding

patients. Accordingly, wait times surged, and the Left Without Being Seen (LWBS) rate increased from 2.2% in 2019 to 2.4% in 2020.

The Long Beach ED (LBED) saw an annual volume decrease of 21.0% from 2019 to 2020. In 2020, 8,265 patients were seen at the LBED. 88.2% of those patients were treated at the LBED and discharged back home. 2.9% of those patients were transferred to the Oceanside ED for further evaluation/treatment, and then discharged home. 7.4% of those patients were transferred to Mount Sinai South Nassau for admission.

Significant Achievements

- To help support the patient demands of COVID-19, a treatment tent exterior to the Oceanside ED was opened March 30th, 2020, through April 17, 2020. A total of 382 patients were seen in the tent, decanting volume from the crowded ED proper.
- To off-load the impact of holding an increased number of admitted patients in the Oceanside ED, use of the ED Annex shifted from caring for new ED patients to holding admitted patients.
- Medication scanning (KBMA), an important patient safety mechanism, went live in the ED's in February 2020.



The ED Night Shift in 2020.

- The use of telemedicine for Acute Stroke patients went live in the ED's in November 2020, helping to promptly connect the patient to the neurologist for virtual consultation.
- In November 2020, we began using the Mount Sinai Clinical Command Center to coordinate all acute care transfers from the ED's.
- Expansion of Clinical Decision Unit (CDU) criteria to additional diagnoses to allow for appropriate patient placement and increase throughput.
- RN residency & fellow programs in progress. Five nurses will be graduating the fellow program in March 2021, and eight RN residents will be graduate in June 2021.



The Cardiac Services Team participates in February 2020 Go Red Event.

CRITICAL CARE

The Critical Care Units surged in 2020 to meet the demands imposed by the COVID Pandemic. Multiple units were converted to critical care settings as our COVID population surged. The normal 22 beds expanded to 92 beds. This required rapid procurement of equipment and clinical resources. A tiered staffing pattern was developed and maintained throughout the height of the pandemic and cross training of staff continues in anticipation of future surges. The development of a proning team took place to meet the needs of an unprecedented volume of patients suffering from Acute Respiratory Distress Syndrome (ARDS). This dynamic team supported the recovery efforts for all critical patients.

The clinical expertise of the critical care nursing staff supported the progressive expansion of services such as post Endovascular Treatment for clot retrievals and use of continuous renal replacement therapy (CRRT) for patients experiencing acute kidney injury.

Significant Achievements

- Fellowship and Residency Program in progress.
- Quality: CAUTI-Critical Care met their goal for CAUTI. The SIR 0.65 with a predicated goal of 1.50.
- Training of Tableau dialysis machine
- Creation of proning team
- Staffed and operationalized multiple Critical Care units during the COVID pandemic.



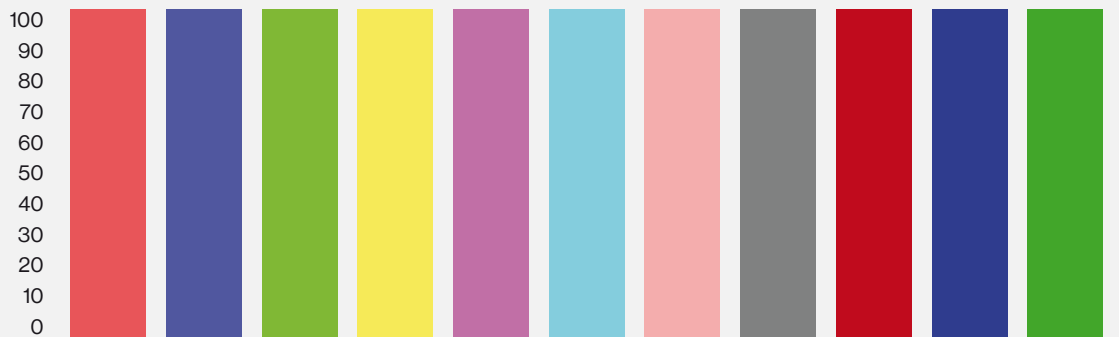
The D2W Team raises awareness on World Stroke Day 2020.

TELEMETRY: D2W

Significant Achievements

- D2W continues to provide excellent care in both stroke and heart failure.
- We continue to be Joint commission certified in both categories.
- D2W is the only Med/Surg, Telemetry unit that provides care for the peritoneal dialysis patients. We have been extensively trained on both manual and cyclor exchanges.
- In 2020 D2W had 65% of their RNs certified in stroke.
- The stroke program continues to exceed expectations with adherence to the joint commissions core measures. We are at 100% compliance throughout the year.
- 4 D2W Rn's successfully graduated with a master's degree and are practicing as NP's

RATE MEASURES



Time Period: Q3 2020

- HIHSS Reported: My Hospital
- Dysphagia Screen: My Hospital
- VTE Prophylaxis: My Hospital
- Early Antithrombotics: My Hospital
- Antithrombotics: My Hospital
- Smoking Cessation: My Hospital
- Stroke Education: My Hospital
- Statin Prescribed at Discharge: My Hospital
- Anticoag for AFib/AFlutter: My Hospital
- IV Thrombolytic Arrive by 3.5 Hour, Treat by 4.5 Hour: My Hospital
- Rehabilitation Considered: My Hospital



The D2W Team in 2020.

TELEMETRY: D2E

D2East is a 38-bed telemetry unit with a complement of skilled clinical staff who provide a high level of clinical expertise to the heart failure patient population. The goals align with those of the institution with a focus of consistent excellence both in the clinical and patient experience sector. D2East is the designated Heart Failure unit at Mount Sinai South Nassau. In 2020, D2East continued to exceed standards in the quality of care we provide for our patients. We continue to be the primary heart failure unit. D2East transitioned to a tier-based assignment during the COVID-19 crisis. We provided the critical care areas with more seasoned nurses to help take care of the overwhelming workload of the critical care team. We utilized all resources to decompress the critical areas and provide quality care to patients.

Significant Achievements

- Achieved TJC Heart Failure Disease Specific QRe-Certification
- Successful 2020 American Heart Association “Get with The Guidelines” gold plus elite member.
- Telemetry residency program progressing with 6 new residents pending graduation in April 2021.
- CLABSI rate was 0 in 2019 and remained 0 for 2020.
- CAUTI rate decreased from 3 in 2019 to 0 in 2020.
- D2East Implemented and trialed the new Tap and air Tap 2.0 product to affect the decrease of sheer and friction related pressure injuries. The product helps turn and position patients in bed with greater ease. The staff now utilizes less force to turn a patient with this product and will help to decrease job related injuries.
- D2East has implemented the new mobility program. The unit has, when staffing permits, removed a PCT from the floor assignment and had them go room to room and walk the patients. This happens during the 7a-3p and 3p-11p shifts daily. This is a new initiative and will be further developed in 2021.



F1 Nursing Staff accepting a food donation from the community.



E2 Nursing Staff goes red.

SURGICAL TELEMETRY: F1 & E2

During 2020 F1 and E2, our Surgical Step down Units took on the provision of care for our COVID population. Both units work to expand the surgical population of patients they care for including: orthopedic, neuro, colorectal, bariatric, chiari, and gynecological surgeries and work closely with the STICU team in caring for trauma patients.



The ED Night Shift in 2020.



Our Cardiovascular Services Nurses 2020.

CARDIOVASCULAR SERVICES

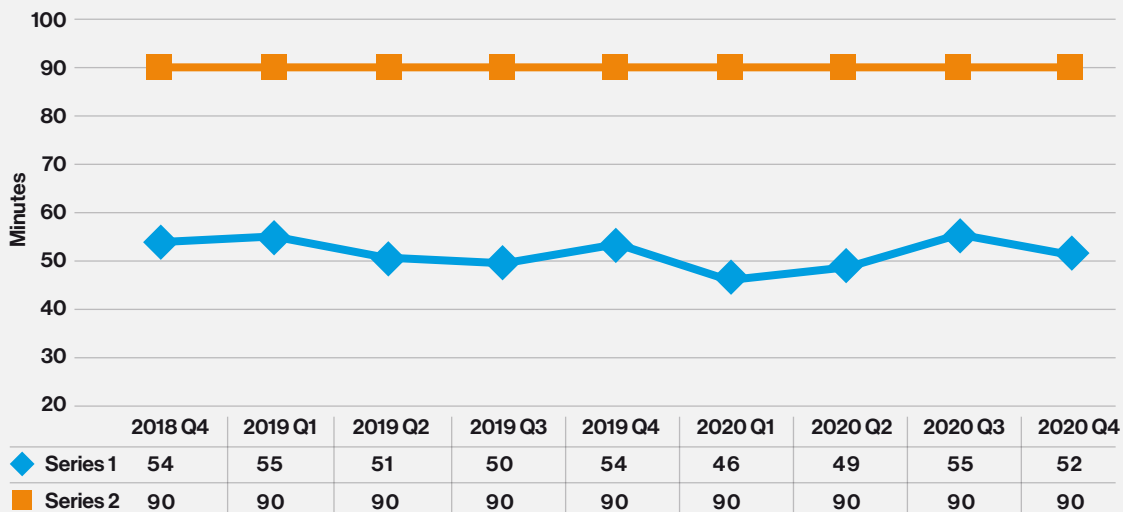
The Department of Cardiovascular Services consists of the Cardiac Cath Lab, Electrophysiology Lab, Non-Invasive Lab, E1 Pre/Post Recovery and on-site Cardiology Offices. Overall procedure volume was down compared to 2019 primarily due to Covid-19. Cath Lab total volume for 2020 was 1282. Total volume for Electrophysiology Lab 376. Total volume for Nuclear Cardiology 732. Total volume for Stress Echo was 176.

During the height of the pandemic the E1 Pre/Post recovery area was converted into an 18 bed Covid ICU. The nurses went above and beyond, stepping out of their comfort zone to assist in caring for the patients and their families.

Significant Achievements

- Door to Balloon time average for 2020=52 minutes.
- 100% cases met the 90 min or below benchmark.
- 0% implant infections for 2020 in the Electrophysiology Lab
- Ambulatory callbacks within 24 hours 97%

DOOR TO BALLOON TIME





Staffing Office & Nursing Float Team.

STAFFING OFFICE & NURSING FLOAT TEAM

The Staffing office centralized the float pool and PD staff, which continues to play a significant role in supporting Nursing Services and providing quality patient care in a safe and cost-effective manner. Our Float Pool opened and operated F4 as a swing unit during both COVID surges.

PERIOPERATIVE SERVICES

The Main Operating Room in the G wing consists of 14 Operating Room Suites in a racetrack design with an inner core and an outer core module. The Ambulatory Unit, on E-3, consists of three (3) Operating Rooms, one procedure room. The Operating Room provides care to patients within the following clinical specialties: Orthopedics/ Minimally Invasive Orthopedics, Podiatry, Thoracic/ Minimally Invasive Thoracic, Pulmonary, Vascular, Gastrointestinal, Urological/ Minimally Invasive Urological, Gynecological/ Minimally Invasive Gynecological, Uro-Gynecology, Ophthalmic, Ear/ Nose/ Throat, Neurosurgical, Plastic Surgery, Trauma, Minimally Invasive Bariatric Surgery, Organ Donation, General Surgery / Minimally Invasive General Surgery, Minimally Invasive, Robotic Assisted Surgery and Pain Management. These represent both inpatient and outpatient populations. There were 8,087 surgical cases were performed in the Main

O.R. in 2020. During our initial COVID surge in the spring of 2020 the perioperative staff were integral to enabling us to care for the increased patient volume we experienced. We could not have done it without them!

Significant Achievements

- Achieved a nursing certification rate of 30% in 2020 from a zero nurses CNOR certified in 2019.
- Majority of operating staff redeployed for COVID-19 Pandemic March through May to assist with patient care on the nursing units.
- OR volume lost due to COVID-19 pandemic recovered in the 4th quarter. 2020 4th quarter volume 2623 cases which is an increase of 25 cases from 4th quarter 2019 volume.
- Periop 101 class graduated 3 nurses.
- 100% Trauma 1 and Trauma 2 Readiness.
- Achieve an overall unit rating for the ASU unit specific score related to Perioperative Services to a goal of 80%. Overall rating 85.1% 3rd quarter 2020
- Turnover Time: Main O.R. 33 minutes; benchmark 45 minutes. 2018 - 38 minutes, 2019 36 minutes. E-3 31 minutes; benchmark 35 minutes. 2019 – 25 minutes.
- Incorrect Counts: 0.20% of total volume of surgical cases.
- Track Core tissue tracking system upgraded to include new -85°C freezer and ambient storage cabinet with RFID technology.



The Operating Room -It's the team that helps you rise to the COVID-19 challenge in 2020.

- Radiofrequency ID technology automates chain of custody tracking of human tissue improving regulatory compliance and optimizing inventory.
- Revised Loaned Tray Process & Policy to improve vendor compliance and loaner tray throughput from CSR to OR.
- Enhanced Final OR Schedule to include # of units of blood & T&S status for each patient scheduled for surgery.

PAIN MANAGEMENT

The Pain Management Unit provides care to patients that are afflicted with chronic pain. The patients represent both out-patient (ambulatory) and in-patient populations. Pain Management Unit provides care for surgical patients throughout their perioperative period consisting of pre-operative admission and preparation, phase one and two recovery and discharge. The unit is located on E-3 and collaborates with E-3 to provide high quality efficient patient care. A total of 1023 procedures were performed in 2020.

Significant Achievements

- Pain Management 4th quarter 2020 volume 388 which is an increase of 132 cases (51%) from 4th quarter 2019 volume
- Initiated two new Pain Management Procedures in 2020:
 - Vertiflex - an indirect compression system for moderate degenerative lumbar spinal stenosis
 - Intracept procedure - targets the basivertebral nerve with radiofrequency ablation for the relief of chronic vertbrogenic back pain
- Medication Labeling on the field was 100%.
- Rate of cancellations day of surgery 9.12%. (Goal ≤ 10%)
- Rate of no show patients on day of surgery 1.98%. (Goal ≤ 5%)
- Rate of unscheduled admissions of ambulatory pain management patients were 0.00%.
- Patient satisfaction scores Q1 through Q3 2020 were 94.6%



The PACU staff in 2020.



The ASU Nursing Team in early 2020.



The PSE staff focus on COVID Testing.

WOMEN & CHILDREN'S SERVICE

Women & Children's Services provide care to a diverse obstetric and gynecological, neonatal and pediatric

patient population on Pediatric, Level II Neonatal Intensive Care (NICU), Labor and Delivery (L&D) and Mother Baby units.



The Women & Children's Staff in 2020.



The Pediatric nursing Staff.



The Dialysis Team Celebrating Graduation.



The OPI nursing team celebrating Nurses' Day with a gift of Angels from Community Members.

OUTPATIENT INFUSION

The skilled and compassionate infusion services nursing team provides a comfortable, quiet and patient-focused environment for patients receiving infusions. The staff at the center works with a diverse population of patients and

patient needs. This dedicated team specializes in intravenous (IV) treatments such as chemotherapy and blood transfusion administration. OPI made a rapid and beautifully orchestrated move from F4 to the Albert Conference Room setting during our Spring 2020 COVID surge.



The TCU nursing team recognized during a Tip of the Cap activity .

TRANSITIONAL CARE UNIT

2020 was a remarkable year for Transitional Care Unit (TCU). The 20-bed sub-acute care unit was temporarily closed and converted to a medical-surgical unit for COVID-19 patients during the height of the pandemic. TCU was instrumental in accommodating and caring for COVID-19 affected patients. With a sub-acute care background, the TCU staff did not hesitate and gracefully rose to the occasion; embracing acute care training and learning how to care for their new population of COVID patients. Staff were deployed to different areas in the hospital to help during the crisis. Our staff knew that the

circumstances was unprecedented and challenging, however, they took it as responsibility, passion, and dedication for doing what they do best... patient care.

When the unit re-opened in May after its closure in March 2020, TCU resumed normal operations. TCU successfully completed their Infection Control Focused Survey in June 2020. The unit maintained the status of CMS 5-Star rating and ranked as one of the Best Skilled Nursing and High Performing Rank for Short-Term Rehabilitation for the year 2020-2021 in the US News and World Report.



The IV Team supporting patients and staff in 2020.

IV TEAM

The Infusion & Vascular (IV) Department continued to provide excellence in the delivery of IV care to the patients

of MSSN as well as continued education to staff, patients and families.



The IV Team supporting patients and staff in 2020.

F3

Our F3 staff were on the front line during both COVID surges. The nursing staff adeptly cared for patients who were acutely ill, requiring supplemental oxygen and needing close monitoring. Many had a variety of other

comorbidities needing treatment as well. The nursing staff faced the challenge in learning new technologies and competencies in real time. F3 worked together as a team of excellence to provide the care their patients needed.

G2/RCU



Interdisciplinary teamwork on G2/RCU ensures the best outcomes for Respiratory Patients.



The D4 Nursing Team.

D4 BEHAVIORAL HEALTH

In 2020, D4 focused on maintaining safety for our behavioral health population. All patient rooms and bathroom were renovated to mitigate ligature risk on the unit. Construction was also completed in 6 rooms to create negative pressure rooms. Completion of

construction in two additional rooms is pending.

The nursing staff also achieved their goal related to maintaining patient satisfaction with HCAHPS scores for Person Centeredness exceeding the overall hospital rating and 100% compliance with RELATE competency training.

New Knowledge, Innovation & Improvement

Mount Sinai South Nassau's advancement is driven by our outstanding nurses. Our staff take the lead in acquiring new nursing knowledge, implementing evidence-based practice, and conducting innovative nursing research. Our nurses' enthusiasm, passion for learning, and willingness to share findings with colleagues ensures a culture where a spirit of inquiry and scholarship thrives.

NURSING RESEARCH & EVIDENCE-BASED PRACTICE COUNCIL



Members of the 2020 Nursing Research & Evidence-based Practice Council.

2020 PODIUM AND POSTER PRESENTATIONS

Nursing Research Publications
<p>Campbell, Janice. Understanding Millennial Moms choices: A Nursing Survey about Childbirth Education in Primigravid Women. The Journal of Perinatal Education 2020 Fall; 29(4): 208-218.</p>
<p>Campbell, Janice. Why Talk about Breastfeeding Disparities? Breastfeeding, Resiliency, Engagement, and Empowerment Newsletter. October 2020 4(4).</p>
Nursing Research Fellowship Studies in Progress
<p>Does Aromatherapy Decrease Opioid Use in Postoperative Patients? Wynette Bruno-O'Connell</p>
<p>The Effect of Mock Code Simulation in an Acute Care Setting on Nurses' Confidence and Performance Levels. Carolyn Engel</p>



2020 Nursing Annual Report

One Healthy Way, Oceanside, NY 11572
1-877-SOUTH-NASSAU (877-768-8462)
southnassau.org/nursing