



Camp SIBS

A free summer day program available to registered SIBSPlace participants



Camp SIBS is available to:

- SIBS Kids coping with a sibling's diagnosis of cancer or another devastating medical illness
- SIBS Kids coping with a parent's cancer diagnosis
- Children who have attended SIBSPlace bereavement support groups to process the death of a sibling, parent or caregiver

Camp SIBS offers field trips to an array of venues such as: sporting events, museums, horseback riding and amusement parks that provide normal childhood experiences, while increasing empowerment skills and exposure to cultural opportunities.

Camp SIBS also includes on-site Day @ SIBS activities to help promote peer support, self-expression and socialization opportunities.

“I had the best summer at Camp SIBS. We went horseback riding, played mini-golf and had a great time exploring museums. I even built up the courage to climb a rock wall! I can't wait to try it again next summer!”

SIBS® Place Mission Statement:

SIBSPlace, an affiliate of Mount Sinai South Nassau, is a free therapeutic program serving children ages 5 to 17, who are living with a sibling with cancer or another devastating medical illness, a parent with a cancer diagnosis and/or children coping with the death of a sibling or parent. SIBSPlace provides guided therapeutic peer support to help well children express feelings and develop skills to cope with the traumatic and emotional impact of a loved one's medical diagnosis and/or loss. Family support is also offered.

SIBSPlace offers support and attention to the unique experience and needs of the well children as they face the issues and conflicts related to the illness or death of their family member. Professional mental health staff foster resiliency through the encouragement of peer support and creative arts activities.

During a traumatic family experience, it is important for the well child to identify their feelings through increased self-expression and coping skills. With each program experience, we strive to provide our participants with the opportunity for healthy growth and development. Our door is open to all children no matter what hospital is treating their loved one.

Peer support services to address issues of anticipatory grief are offered twice weekly.

A parent support group is available weekly because each member of a family is impacted by traumatic illness.

A **6-week summer camp** experience, **bereavement services** and **monthly tween and teen groups** are offered to support our SIBSPlace families effectively.

Services are provided both in-person and virtually.

SIBSPlace
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