March 26, 2019

Attn: Rita Regan, Vice President South Nassau Communities Hospital One Healthy Way Oceanside, N.Y. 11572

Dear Ms. Regan,

I was admitted to your Emergency Room on Sunday, 3/10/19 because I wasn't able to breathe. I was taken immediately and given an EKG. I was very hungry because I hadn't eaten anything and was given a tuna sandwich and a short while later taken to Room 1023 D. I was given instructions and made comfortable and several doctors, nurses etc. came to see me and attend to my needs.

The purpose of this letter is to commend your Hospital and all your Staff during my 5 day stay. They were all helpful, professional and went out of their way to make me as comfortable as possible. They were kind and understanding and had great attitudes. It was obvious by their demeanor that they loved their jobs and wanted to help their patients. I met such wonderful young men and women who chose this profession to help and serve others, they were outstanding. Normally Hospitals, Doctors, Nurses and Medical Staff get all kinds of complaints but this definitely was NOT my experience. I was very pleasantly surprised. I wish I could remember all their names but I found all shifts were very responsive. They would stop in to see how I was and if I needed anything. Whatever I asked of them was done and always with a pleasant smile.

When family and friends called or came to visit, I couldn't stop raving about the care and treatment I was getting. In fact, I told them I felt like I was on vacation. I was able to get the proper rest, meals were served and all I had to do was buzz them and my needs were taken care of. When you live alone it's nice having young people around, especially those who devote their time to helping others. If I didn't eat something or wanted something else or wanted water they would make sure I was taken care of. It actually felt great to be pampered and looked after. I also developed nice friendships during my stay. I hugged a few of them and thanked them so much for everything they did. They kept telling me that I would be okay and wished me lots of good health and good wishes.

Of course, I'm happy to be home now and with the help of all my doctors, look forward to continued good health. I realize now that good health is a gift. Being afraid of what you have or what a doctor will diagnose is NO reason NOT to go to the doctor or hospital. I'm happy that God sent me to South Nassau Hospital to get the help I needed and I was blessed to have such wonderful Doctors, Nurses, Aids, Technicians etc. taking care of me.

I would very much appreciate if this letter could be posted where all the Staff can read it and know that I thank them all from the bottom of my heart for their role in helping me. Again, I'm sorry I don't remember all their names but I will never forget them. I pray God watches over them, keeps them safe and well and blesses them with a long, healthy, happy and peaceful life. THEY ALL DESERVE THE BEST!!

Sincerely, Sophie Rothfield